

THE SPA AT BUNGALOWS KEY LARGO

Daily 9:00 a.m. – 6:00 p.m.

WHAT WE NEED TO KNOW:

Your Intentions

Your visit to the Spa will be carefully crafted, based upon your desired intention or focus:

- **Replenish** (*restore balance, detoxify, rejuvenate*)
- **Invigorate** (*strengthen, energize, boost immunity*)
- **Relax** (*de-stress, unwind, center*)

Your Concerns

Please advise our Spa professionals of any medical conditions or concerns which may affect your treatment selections. Hypertension, pregnancy or other conditions are contraindicated for some services.

Your Satisfaction

We invite you to share your experience with any member of the Spa or the resort staff.

Our Facilities

The Spa includes 5 individual treatment cabanas, a Eucalyptus steam room, a Himalayan Salt treatment room, as well as ample areas for rest and relaxation. Facilities are complimentary to resort guests with Spa appointments.

Spa Reservations

Spa reservations may be arranged directly with the Spa or online. We suggest you book your treatments well in advance for the best selection of appointment times. Once booked, we will follow up with a reminder, if you choose. We request twenty-four hours notice to cancel or change a Spa reservation. Cancellations made within the cancellation period will be charged for the treatment, and no-shows will be charged in full.

Spa Arrival

Bungalow guests will find the Spa easily accessed on the ground floor of the Beach House. We invite you to check in 15 to 30 minutes prior to your scheduled services to relax in our facilities while preparing for your treatment. Late arrivals will result in an abbreviated service, without a price reduction.

**For your convenience 22% service charge is added to your spa treatment. Additional gratuities are at guest discretion and may be added upon request.*



MASSAGES

Organic Signature Aromatherapy Massage

Unwind during a sensory balancing massage experience with your choice of three organic aromatherapy blends infused with essential oils. Using our signature Sibin Bian Stone will allow you to reconnect with nature and restore your health.

50 MINUTES | 180 · 80 MINUTES | 250

Bamboo Massage

Ancient bamboo symbolizes strength, youth, prosperity and peace. The use of organic ginger oil and warm bamboo ensures healthy circulation, relief of muscle tension, deep relaxation and aids in lymphatic drainage.

50 MINUTES | 190 · 80 MINUTES | 260

Magnesium Massage

Magnesium is responsible for promoting healthy energy levels, sleep, muscle function and overall well-being.

This nourishing and remineralizing massage deliver the power of magnesium to promote detoxification and replenish commonly deficient levels. 50 MINUTES | 180 · 80 MINUTES | 250

Neroli Blossom Pre-Natal Massage

Designed to address the special needs of the mommy-to-be, we combine tried and tested safe pregnancy massage techniques. Infused oil that promotes feminine energy and has a harmonizing effect on women. Helps to relieve tension in your lower and upper back and alleviate swelling in the hands and feet. (2nd and 3rd trimester only)

*Unscented organic oil available if preferred. 50 MINUTES | 180

Swedish Massage

Unscented oil and traditional massage techniques are used to give you a simply relaxing experience.

50 MINUTES | 165 · 80 MINUTES | 240

Deep tissue Massage

Rejuvenate with this firm and strategic massage that releases muscular tension. Upon discussion with therapist, range of motion and stretching may be incorporated for sensitive areas. 50 MINUTES | 185 · 80 MINUTES | 260

FACIALS

Bungalows Signature Facial

Multi-function organic products rich in vital nutrients visibly revitalize the skin. The facial begins with a unique cleanse followed by a gentle pomegranate exfoliation and deep pressure point massage. Cue Sha techniques provide proven results that improve complexion and skin wellness. 80 minute includes a unique masque which visibly reduces fine lines and wrinkles. 50 MINUTES | 160 · 80 MINUTES | 220

MASSAGE & FACIAL ENHANCEMENTS

- Organic Scalp Massage | 40
- CBD – Hemp Derived | 40
- Foot Polish | 40
- Eye Rescue | 40

ZEN POOLSIDE MENU

Sunshine Starter

Begin your day in the sun with a professional application of organic broad-spectrum SPF formulas for face and body using relaxing massage techniques. 25 MINUTES | 80

Reviving Foot Ritual

This uplifting foot and lower leg treatment help to stimulate circulation and revitalize tired feet. Using Eucalyptus and Lavender essential oils and sea salts, the feet are exfoliated, followed by a reflex point acupuncture. An invigorating foot massage concludes this revitalizing experience. 25 MINUTES | 80

Instant Relief

Immerse in complete relaxation as you experience this gentle neck, back, scalp, and shoulder massage. 25 MINUTES | 80

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BODY

Intuitive Wellness Reflection (Scrub, Massage, Light Wrap)

Select from Lavender, Ginger, Neroli Organic Aromatherapy Oil. Indulge with an invigorating sea salt body exfoliation followed with a warm- stone back, neck and shoulder massage to melt away tension and stress. Close by relaxing in a warm co-coon as you are treated to a revitalizing foot and pressure point scalp massage. Emerge renewed and replenished. 80 MINUTES | 280

Zen Garden Dreams

Nutrient rich sea minerals are combined with lavender's healing properties in a refining full body exfoliation. Following with a pampering back, neck and shoulder massage with organic oil. Finish with a light wrap, scalp and foot massage to complete this Zen experience. 80 MINUTES | 280

Coastal Crush

Purify, cleanse and refresh with a coastal mineral scrub featuring your choice of uplifting, muscle therapy, or relaxing organic aromatherapy oil. 50 MINUTES | 165

Solstice Soother

This deluxe hydrating body wrap combines the healing moisturizing properties of aloe vera with soothing lavender. Includes a scalp and neck massage. 50 MINUTES | 165

ENJOY A SPA EXPERIENCE WITHOUT EVER LEAVING YOUR ROOM

In-Room Getaway

Allow us to melt away muscle tensions in the privacy of your room, with our Deep tissue or Swedish Massage.

Swedish: 50 MINUTES | 225 · 80 MINUTES | 300

Deep Tissue: 50 MINUTES | 245 · 80 MINUTES | 320

Pre-Natal: 50 MINUTES | 240

Bath Butler: 10 MINUTES | 25

BATH BUTLER IN-ROOM ENHANCEMENTS

Your massage therapist will draw your bath, leaving you to soak away your cares in our luxurious outside bathtubs.

Choose from Two Options:

Mineral Muscle Relief Kit

The perfect way to relieve tension and soothe sore muscles.

Kit includes ginger bath & Body oil, mineral Wellness soak with Eucalyptus sachet and deluxe travel sizes chamomile shower/bath gels and tub balm, plus loofah. 80

Aromatherapy Escape Kit

A sensory bouquet of essential oil brings harmony and relaxation. The perfect in-room getaway.

Kit includes full-size Turkish body scrub, mineral wellness soak with Eucalyptus sachet, lavender eye pillow and full-size lavender body spray. 80

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