



ZEN GARDEN SPA

AT BUNGALOWS KEY LARGO

We are pleased to welcome you to our Zen Garden Spa & Boutique, where every precaution has been taken to ensure your well-being and safety. Our Team of professionals are trained in the latest practices to provide you with the best spa experience. Our Spa Coordinator will guide you through your Zen Garden Spa visit and answer any questions you may have.

Highlights include five outdoor treatment cabanas, bayside waterfront treatment tiki, luxurious men's & women's locker rooms, whimsical state-of-the-art steam room, Himalayan salt treatment room, and plush indoor relaxation area. Our Zen Garden Boutique features unique gifts, indulgent face & body products by Osea and Kerstin Florian, and resort wear with a Bungalows island vibe, featuring name brands such as Johnnie-O, Vix Swimwear, Costa Del Mar Sunglasses, Mickey Lynn Jewelry, Tommy Bahama, and more.

Thank you,

Zen Garden Spa Team

Open Daily 9:00 AM - 6:00 PM

By appointment only
Dial extension 2724 or call 305.363.2850 to reserve

Our Facilities

The Spa includes five individual treatment cabanas, Eucalyptus steam room, a Himalayan Salt treatment room, men's & women's locker rooms, and a plush indoor relaxation area. Facilities are complimentary to resort guests with spa appointments.

Spa Reservations

Spa reservations may be arranged directly with the Spa or online. We suggest booking treatments well in advance for the best selection of appointment times. Once reserved, we will follow up with a confirmation email.

Cancellation Policy

To cancel an appointment without a charge, please notify us at least 24 hours in advance. If cancelled within 24 hours of your scheduled treatment time(s) or if you fail to show up, the full amount of your spa service(s) will be charged. Rescheduling your appointment(s) within 24 hours of treatment time(s) will result in a \$50.00 rescheduling fee.

Spa Arrival

Bungalows guests will find the Zen Garden Spa on the ground floor of the Beach House. We invite you to check in 15 minutes prior to your scheduled services to relax in our facilities while preparing for your treatment. Late arrivals will result in an abbreviated service without a price reduction.

Your Concerns

Please advise our Spa Professionals of any medical conditions or concerns which may affect your treatment selections. Hypertension, pregnancy, or others are contraindicated for some services.

Your Satisfaction

We invite you to share your experience with any member of the Spa or Resort Staff.

Gratuities

For your convenience, a 22% service charge will be added to each service.

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MASSAGES

**All massages and body treatments are available as single and couples services*

Bungalows Signature Massage

A customized massage combining Swedish and Deep Tissue Techniques. Designed to promote relaxation and tension relief of your muscles.

50 Minutes | 185 80 Minutes | 260

Bamboo Massage

The use of organic ginger oil, warm bamboo sticks, and hands-on massage ensures healthy circulation, relief of muscle tension, deep relaxation, and aids in lymphatic drainage.

80 Minutes | 270

CBD Full Body Massage

Allow the full-spectrum hemp CBD and eight pain relieving herbs to deeply permeate, heal, and rejuvenate your body. Our signature anti-inflammatory cream provides fast relief for muscle and joint pain, and total relaxation.

50 Minutes | 195 80 Minutes | 275

Mother to Be Prenatal Massage

Designed to address the special needs of Mothers to Be. Our calming Neroli Oil assists in relieving tension in your neck, shoulders, back and feet, helping you feel renewed and relaxed.

(2nd & 3rd Trimesters only)

50 Minutes | 185 80 Minutes | 260

Signature Aromatherapy Massage

Choose from three organic aromatherapy blends infused with essential oils. Our signature hot stones will allow you to unwind and relax your muscle tension.

50 Minutes | 185 80 Minutes | 260

Bayside Tiki Massage

Find tranquility and total relaxation at our Bayside Waterfront Tiki. Let the beautiful view take you away to paradise as you receive your customized Bungalows Signature Massage. *Weather Permitting.*

50 Minutes | 240 80 Minutes | 315

MASSAGE ENHANCEMENTS

CBD-Enhanced Hemp Derived Cream | 40

Hot Stones | 25

Foot/Hand Scrub | 40

FACIALS

Sea of Life Facial

A personalized treatment that combines cleansing, hydrating Gigartina seaweed and a restorative white algae mask. Natural botanical oils restore vital nutrients, vitamins, and minerals directly to the skin. A therapeutic neck, shoulder, and hand massage leaves you glowing from the inside out.

50 Minutes | 185

Deep Sea Firming Facial

Restore your skin's glow with this superior age-defying facial. The cleanest, purest ingredients complete with peptides, hyaluronic acid, vitamin-C, and marine-based oxygen serum, give your skin the ultimate boost. A white algae mask treatment, Gua Sha, and facial massage deeply hydrates, releases facial tensions, and stimulates collagen production. Our most extensive facial therapy. Includes a foot exfoliation and an eye & lip smoothing treatment.

80 Minutes | 280

Hemingway Facial

This results-oriented facial customized for male skin, deep cleanses, soothes and rejuvenates.

50 Minutes | 185

Bungalows Repair Facial

Results-oriented treatment individually customized to address any skin type and concern, including sensitivity, fine lines, congestion, and premature aging. A deep-cleansing facial massage helps promote circulation and is combined with a masque to balance & nourish the skin.

**A customized intensive repair anti-aging ampoule and a foot treatment included with 80 minute treatment.*

50 Minutes | 195 80 Minutes | 285

Age-Defying Decadence Facial

The ultimate ageless treatment for the face and décolleté. Refines, lifts, firms, and nourishes the skin with protein-rich caviar, powerful antioxidants (fatty acid compounds & vitamins), a gentle enzyme peel, a unique alginate peel-off masque, and a deeply hydrating massage dramatically improves skin texture and moisture. Results are immediate, creating a healthy luminescent complexion.

**A customized Pure Vitamin C ampoule and a foot treatment included with 80 minute treatment.*

50 Minutes | 200 80 Minutes | 290

FACIAL ENHANCEMENTS

Eye Rescue | 40

Ampoule - Vitamin C or Intensive Repair | 40

Gigartina Hair Mask | 40

Pro Multi-Acid Peel | 40

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BODY

Bungalows Sea Scrub

Invigorating full body scrub featuring our favorite organic Gigartina seaweed & sea salts harvested from Patagonia to exfoliate and soften your skin. A soothing application of Undaria Oil and Ocean Lotion leaves you feeling relaxed, refreshed, and hydrated. Followed by a scalp and body massage to complete this unique therapeutic experience.

80 Minutes | 280

EXPRESS TREATMENTS

**Weather permitting. Outdoor accommodations available upon request for \$25.00*

After Sun Soother

Soothes and nourishes the skin with aloe, leaving it renewed and fortified against overexposure.

25 Minutes | 120

Jet-Lag Relief

Kick start your vacation with complete relaxation as you experience this gentle neck, back, scalp, and shoulder massage.

25 Minutes | 115

Island Foot & Lower Leg Massage

This uplifting treatment helps to stimulate circulation and revitalize tired feet. Using essential oils and sea salts, the feet are exfoliated, followed by a relax point acupressure. Perfect treatment in our poolside cabanas.

25 Minutes | 115

IN-ROOM INDULGENCES

**We will deliver the products to your front porch for you to enjoy in your luxurious outdoor spa tub.*

CBD Mineral Soak

For deep muscle relief and total relaxation. Comes with CBD nourishing body oil, CBD Balm, and a CBD mineral bath soak | 119

Aromatherapy Escape

Supports immunity, mental wellness, and self-care anywhere. Kit includes Turkish body scrub, mineral wellness soak with eucalyptus, and natural chamomile body spray | 100

Mineral Soak

Soothes sore muscles and melts away tension. Kit includes ginger bath & body oil, mineral wellness soak with eucalyptus, chamomile shower/bath gel, and Fub balm | 100

PRIVATE FITNESS

Experienced and certified yoga & fitness instructors will tailor your preferred practice to meet your needs, offering hands-on adjustments and assist with appropriate modifications. Your safety & comfort are our priority.

All sessions are 60 minutes in length.

24 Hours Advance Notice Requested

Yin Yoga

A slow-paced style of yoga with postures that primarily concentrate on the connective tissue of the body (fascia, tendons and ligaments). Most positions are performed seated or in reclined positions and allow for deep stretching to open the hips, spine, and shoulders. Although this yoga may appear passive, Yin Yoga can be quite challenging as you sit with the stillness and depth of each pose. Balance this yoga with a follow up day of "yang" yoga such as Vinyasa or Ashtanga. | 300

Restorative Yoga

No experience necessary in this gentle yoga practice designed to stimulate the "rest & digest" mechanisms of the body. Blocks, straps, and bolsters are all used and provided. | 300

Power Vinyasa Flow Yoga

A powerful one-hour yoga class for practitioners who prefer a challenging, heat-building practice. Recommended for those with some Vinyasa experience. This practice will cleanse body and mind, setting the mood for the rest of the day. | 300

Aqua Yoga

Takes your practice poolside for a focus on balance and basics. Start at the edge of the Zen Pool for a light stretch, then move into the water for a series of effortless postures provided by the buoyancy of the water. Water encourages the body to relax and flow, lubricating the joints and stimulating the lymph system. | 300

Reiki

A Japanese technique for stress reduction and relaxation which focuses on the healing of one's "life force energy". Experience deep relaxation and a true sense of well-being. | 300

Guided Meditation

Bring your focus inward, calming the mind and body. Choose to lie flat or sit as we guide you into a quiet space allowing reflection, awareness, and openness. No experience required. | 300

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