

**Open Daily 9:00am - 6:00pm**

By appointment only

Dial extension 2724 or call direct line 305.363.2850

**Our Facilities**

The spa includes five individual treatment cabanas, Eucalyptus steam room, a Himalayan Salt treatment room, Waterfront Treatment Tiki, men & women's locker rooms, and a plush indoor relaxation area. Facilities are complimentary to resort guests with spa appointments.

**Spa Reservations**

Spa reservations may be arranged directly with the Spa. We suggest booking treatments well in advance for the best selection of appointment times. Once reserved, we will follow up with a confirmation email.

**Cancellation Policy**

To cancel an appointment without a charge, please notify us at least 24 hours in advance. If cancelled within 24 hours of your scheduled treatment time(s) or if you fail to show up, the full amount of your spa service(s) will be charged.

**Spa Arrival**

Bungalows guests will find the Zen Garden Spa on the ground floor of the Beach House. We invite you to check in 15 minutes prior to your scheduled services to relax in our facilities while preparing for your treatment. Late arrivals will result in an abbreviated service without a price reduction.

To maintain our peaceful Zen Spa environment, we ask that all electronics remain silent.

**Your Concerns**

Please advise our Spa Professionals of any medical conditions or concerns which may affect your treatment selections. Hypertension, pregnancy, or others are contraindicated for some services.

**Gratuities**

For your convenience, a 22% service charge will be added to each service.

Dial extension 2724 or call 305.363.2850 to reserve

MM License 38875 License CE10020914



**ZEN GARDEN SPA**  
**AT BUNGALOWS KEY LARGO**

We are pleased to welcome you to  
our Zen Garden Spa & Boutique.

Our Team of professionals are  
trained in the latest practices to  
provide you with the best spa  
experience. Our Spa Coordinator will  
guide you through your Zen Garden  
Spa visit and answer any questions  
you may have.

Highlights include five outdoor  
treatment cabanas, bayside  
waterfront treatment tiki,  
luxurious men's & women's locker  
rooms, whimsical state-of-the-  
art steam room, Himalayan salt  
treatment room, and plush indoor  
relaxation area.

Our Zen Garden Boutique features  
unique gifts, indulgent face  
& body products by Osea and  
Kerstin Florian, and resort wear  
with a Bungalows island vibe,  
featuring name brands such as  
Johnnie-O, Sunshine 79 Swimwear,  
Costa Del Mar Sunglasses, Mickey  
Lynn Jewelry, Tommy Bahama, and  
more.

Thank you,

*Zen Garden Spa Team*



# MASSAGES

## Bungalows Signature Massage

A customized massage combining Swedish and Deep Tissue Techniques. Designed to promote relaxation and tension relief of your muscles.

50 Minutes | 185                      80 Minutes | 260

## Bayside Tiki Massage

Find tranquility and total relaxation at our Bayside Waterfront Tiki. Let the beautiful view take you away to paradise as you receive your customized Bungalows Signature Massage. Weather permitting.

50 Minutes | 240                      80 Minutes | 315

## CBD Massage

Experience complete relaxation with a full-body Swedish massage, enhanced by our specially formulated CBD relief cream infused with arnica. This signature anti-inflammatory cream quickly alleviates muscle and joint pain, allowing you to fully unwind and enjoy this soothing treatment.

50 Minutes | 195                      80 Minutes | 275

## Bamboo Massage

The use of organic ginger oil, warm bamboo sticks, and hands-on massage ensures healthy circulation, relief of muscle tension, deep relaxation, and aids in lymphatic drainage.

80 Minutes | 270

## Signature Aromatherapy Massage

Indulge in a Swedish Massage complemented by your choice of one of our three organic aromatherapy blends infused with essential oils. Our signature hot stones are applied to your back, leading you towards a state of blissful relaxation and easing away muscle tension.

50 Minutes | 185                      80 Minutes | 260

## Mother To Be Prenatal Massage

Designed to address the special needs of Mothers to Be in your second or third trimester. Our calming Neroli Oil assists in relieving tension in your neck, shoulders, back and feet, helping you feel renewed and relaxed.

50 Minutes | 185                      80 Minutes | 260

## MASSAGE ENHANCEMENTS

- Targeted Enhanced CBD Cream | 40
- Cryotherapy Treatment | 25
- Hot Stones | 25
- Foot Scrub | 40
- Hand Scrub | 40
- Aromatherapy Oil | 25

# FACIALS

## Sea of Life Facial

A personalized treatment that combines cleansing, hydrating Gigartina seaweed and restorative white algae mask. Natural botanical oils restore vital nutrients, vitamins, and minerals directly to the skin. A therapeutic neck, shoulder, and hand massage complete this treatment, providing a peaceful and serene experience.

50 Minutes | 185                      80 Minutes | 280

## Deep Sea Firming Facial

Restore your skin's natural glow with this superior age-defying facial. The cleanest, purest ingredients replete with peptides, hyaluronic acid, and vitamin-C give your skin the ultimate boost. A relaxing facial massage, exfoliation, and eye & lip smoothing treatment complete this extensive facial therapy..

80 Minutes | 280

## Hemingway Facial

Customized for male skin, this results-oriented facial deep cleanses, soothes and rejuvenates. Includes hot towels and massage to release facial tension.

50 Minutes | 185

## Bungalows Repair Facial

Results-oriented treatment individually customized to address any skin type and concern, including sensitivity, fine lines, congestion, and premature aging. A soothing deep facial massage helps promote circulation and is combined with a mask to balance & nourish the skin.

*\*A customized intensive repair anti-aging ampoule and foot treatment included with 80 minute treatment.*

50 Minutes | 195                      80 Minutes | 285

## Age-Defying Decadence Facial

The ultimate ageless treatment for the face and décolleté. Refines, lifts, firms, and nourishes the skin with protein-rich caviar. Deeply hydrating facial massage dramatically improves skin texture. Results immediate, creating a healthy luminescent complexion.

*\*A customized peel off mask and foot treatment included with 80 minute treatment.*

50 Minutes | 200                      80 Minutes | 290

## FACIAL ENHANCEMENTS

- Eye Rescue | 40
- Gigartina Hair Mask | 40
- Pro Multi-Acid Peel | 40
- Peel Off Mask | 40
- Ampoule – Vitamin C or Intensive Repair | 40
- CBD Beard Oil | 25

# BODY

## Bungalows Sea Scrub

Invigorating full body scrub featuring our favorite organic Gigartina seaweed & sea salts harvested from Patagonia to exfoliate and soften your skin. A soothing application of Undaria Oil and Ocean Lotion leaves you feeling relaxed, refreshed, and hydrated. Followed by a scalp and body massage to complete this unique therapeutic experience.

80 Minutes | 280

# EXPRESS TREATMENTS

*\*Weather permitting. Outdoor accommodations available upon request for \$25.*

## After Sun Soother

Soothes and nourishes the skin with aloe, leaving it renewed and fortified against overexposure.

25 Minutes | 120

## Jet-Lag Relief

Kick start your vacation with complete relaxation as you experience this gentle neck, back, scalp, and shoulder massage.

25 Minutes | 115

## Island Foot & Lower Leg Massage

This uplifting treatment helps to stimulate circulation and revitalize tired feet. Using essential oils and sea salts, the feet are exfoliated, followed by a relax point acupressure. Perfect treatment in our poolside cabanas.

25 Minutes | 115

# IN-ROOM INDULGENCES

*\*We will deliver the products to your front porch for you to enjoy in your luxurious outdoor spa tub.*

## CBD Mineral Soak

For deep muscle relief and total relaxation. Kit includes CBD nourishing body oil, CBD Balm, and a CBD mineral bath soak | 119

## Aromatherapy Escape

Supports immunity, mental wellness, and self-care anywhere. Kit includes Turkish body scrub, mineral wellness soak with eucalyptus, and natural chamomile body spray | 100

## Mineral Soak

Soothes sore muscles and melts away tension. Kit includes ginger bath & body oil, mineral wellness soak with eucalyptus, chamomile shower/bath gel, and Fub balm | 100

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# PRIVATE FITNESS

Experienced and certified yoga & fitness instructors will tailor your preferred practice to meet your needs, offering hands-on adjustments and assist with appropriate modifications. Your safety & comfort are our priority. All sessions are 60 minutes in length.

24 Hours Advance Notice Requested

## Introduction to Yoga

Step into the basics of yoga with our introduction to yoga session designed to help you relax and build strength at your own pace. You will learn simple poses and breathing techniques that will help you feel more centered and energized. Our experienced instructor will guide you through each step of the practice and provide support as needed. | 300

## Yin Yoga

A slow-paced style of yoga with postures that primarily concentrate on the connective tissue of the body (fascia, tendons, and ligaments). Most positions are performed seated or in reclined positions and allow for deep stretching to open the hips, spine, and shoulders. Although this yoga may appear passive, Yin Yoga can be quite challenging as you sit with the stillness and depth of each pose. Balance this yoga with a follow up day of “yang” yoga such as Vinyasa or Ashtanga. | 300

## Restorative Yoga

No experience is necessary in this gentle yoga practice designed to stimulate the “rest & digest” mechanism of the body. Blocks, straps, and bolsters are all used and provided. | 300

## Power Vinyasa Flow Yoga

A powerful one-hour yoga class for practitioners who prefer challenging, heat-building practice. Recommended for those with some Vinyasa experience. This practice will cleanse body and mind, setting the mood for the rest of the day. | 300

## Guided Meditation

Bring your focus inward, calming the mind and body. Choose to lie flat or sit as we guide you into a quiet space allowing reflection, awareness, and openness. No experience required. | 300