ZEN GARDEN SPA

BUNGALOWS KEY LARGO

We are pleased to welcome you to our Zen Garden Spa & Boutique!

Our Spa includes five outdoor treatment cabanas, bayside waterfront treatment tiki, luxurious men's & women's locker rooms, whimsical state-of-the-art steam room, Himalayan salt treatment room, and plush indoor relaxation area. Spa Facilities are complimentary to resort guests with a spa appointment.

Our Zen Garden Boutique features unique gifts, indulgent face & body products, and resort wear with a Bungalows island vibe.

Open Daily 9:00am – 6:00pm

By appointment only

Dial extension 2724 or call the Spa directly at 305.363.2850

SPA RESERVATIONS

Spa reservations may be arranged directly with the spa. We recommend booking treatments well in advance for the best selection of appointment times. Once reserved we will follow up with a confirmation email.

SPA ARRIVAL

Bungalows guests will find the Zen Garden Spa on the ground floor of the Beach House. We invite you to check in 15 minutes prior to your scheduled services to relax in our facilities while preparing for your treatment. Late arrivals will result in an abbreviated service without price reduction.

Upon arrival, you will be provided with a spa robe, slippers, and a personal locker for your belongings during your visit. For your peace of mind, we kindly recommend leaving jewelry and other valuables secured in your guest room safe.

WELLNESS BEVERAGES

Wellness beverages are available in our Spa Boutique, thoughtfully selected to support hydration, immunity, and overall well-being.

YOUR CONCERNS

Please advise our Spa Professionals of any medical conditions or concerns which may affect your treatment selections. Some services are not suitable for individuals with hypertension, pregnancy, or specific medical conditions.

For your safety and well-being, please avoid alcohol prior to treatments, as it may increase dehydration and affect circulation.

CANCELLATION POLICY

To cancel an appointment without charge, please notify us at least 24 hours in advance. If cancelled within 24 hours of your scheduled treatment time(s) or if you fail to show up, the full amount of your spa service(s) will be charged.

GRATUITIES

For your convenience, a 22% service charge will be added to each service.

To maintain our peaceful Zen Garden Spa environment, we ask that all electronics remain silent.

MM License 38875 License CE10020914

MASSAGES

Bungalows Swedish Massage

A classic Swedish massage using light to medium-pressure techniques to gently release tension, calm the body, and promote a deep sense of relaxation and well-being.

50 Minutes | 195 80 Minutes | 295

Bungalows Therapeutic Massage

Slow, intentional techniques using firm to deep pressure melt away muscular tension and provide targeted relief to areas of chronic tightness. Designed to restore ease and balance, leaving the body relaxed and renewed.

50 Minutes | 230 80 Minutes | 315

Bayside Tiki Massage

Unwind with a relaxing light to medium-pressure massage in our private Waterfront Treatment Tiki. Gentle, flowing techniques soothe the body as tranquil water views and island breezes invite complete relaxation. *Service is subject to weather.*

50 Minutes | 260 80 Minutes | 340

CBD Massage

A soothing light to medium-pressure Swedish massage enhanced with CBD and arnica cream to ease muscle and joint discomfort. Designed to melt away tension and leave the body deeply relaxed and restored.

50 Minutes | 225 80 Minutes | 315

Bamboo Garden Escape

A restorative, medium-pressure massage using warmed bamboo sticks to melt away tension and soothe tired muscles. Flowing techniques encourage healthy circulation, leaving the body relaxed, renewed, and restored.

80 Minutes | 310

Zen Aromatherapy Massage

A light to medium-pressure Swedish massage enhanced with your choice of organic aromatherapy: Ginger, Neroli Blossom, or Lavender. Warm stones are gently applied to the back to ease muscle tension and deepen relaxation.

50 Minutes | 235 80 Minutes | 325

Mother To Be Massage

Designed for expectant mothers in their second or third trimester, this gentle massage uses Neroli Oil to ease tension and relieve common pregnancy discomfort while promoting relaxation and overall well-being.

50 Minutes | 220 80 Minutes | 310

BODY

Bungalows Sea Scrub

An invigorating full-body exfoliation featuring organic Gigartina seaweed and mineral-rich Patagonian sea salts to smooth and soften the skin. Undaria Oil and Ocean Lotion provide lasting hydration, followed by a relaxing body and scalp massage.

80 Minutes | 295

EXPRESS TREATMENTS

Jet-Lag Relief

Begin your vacation with a relaxing, light to medium Swedish massage focused on the neck, back, shoulders, and scalp to ease tension and promote relaxation.

25 Minutes | 125

Island Foot & Lower Leg Massage

Restore tired feet and legs with a soothing treatment featuring warm oils, sea salt, massage, and targeted acupressure to relieve tension, encourage circulation, and leave you feeling refreshed.

25 Minutes | 125

Sun Rescue

A cooling body treatment designed to soothe and restore sun-exposed skin. Pure aloe vera helps calm redness, reduce inflammation, and replenish hydration for refreshed, comforted skin.

25 Minutes | 125

Mini Facial

A refreshing facial designed to revive and brighten the skin. A gentle peel pad smooths and refines, followed by a nourishing mask to hydrate and restore a fresh, radiant glow.

25 Minutes | 125

COUPLES MASSAGES

Share a moment of relaxation with a side-by-side massage experience. Each guest is invited to select their preferred massage from our menu, creating an experience tailored to you both.

Services are individually priced based on your selections

MASSAGE ENHANCEMENTS

- Targeted Enhanced CBD Cream | 40
- Hot Stones | 35
- Foot Scrub | 40
- Hand Scrub | 40
- Aromatherapy | 25
- Paraffin Mitt for Hands | 40
- Paraffin Booties for Feet | 40
- Full FaceWare Red LED Light | 40
- Dry Brush; Exfoliate + Smooth | 45 *includes brush
- After Sun Organic Aloe Treatment | 25
- Deep Pressure | 35

FACIALS

Sea of Life Facial

A personalized facial featuring cleansing, hydrating Gigartina seaweed, and a restorative red algae mask. Botanical oils deliver essential nutrients, vitamins, and minerals for a healthy glow, complemented by a neck, shoulder, and hand massage.

50 Minutes | 200

Deep Sea Firming Facial

Restore your skin's natural glow with this superior age-defying facial featuring peptides, hyaluronic acid, and vitamin C to hydrate, brighten, and revitalize the skin. Includes exfoliation, facial massage, and smoothing eye and lip treatments for a refreshed, youthful glow.

80 Minutes | 310

Blur + Repair Sculpting Facial

Rediscover youthful radiance with our luxurious, rejuvenating facial designed to lift, sculpt, and renew. Specialized massage techniques and nutrient-rich baobab oil nourish the skin, while collagen-boosting LED therapy and a reparative lip treatment leave your complexion visibly smoother, firmer, and glowing.

50 Minutes | 225 **80 Minutes | 330**

Sea the Glow

A brightening facial featuring a marine-infused blue mask to deeply hydrate and plump the skin. Vitamin C and LED light therapy enhance radiance for a fresh, sun-kissed glow. An optional gentle peel is available for enhanced results.

50 Minutes | 210 **80 Minutes | 310**

Hemingway Men's Facial

A results-driven facial designed for men, featuring a deep cleanse and exfoliation to refresh and refine the skin. Hot towels and targeted massage ease tension, leaving skin smooth and revitalized.

50 Minutes | 200 **80 Minutes | 295**

FACIAL ENHANCEMENTS

- Eye Lift + Repair LED Light | 35
- Lip Plump + Repair Enhancement LED Light | 35
- Alpha Beta Peel: Sensitive, Universal, or Extra Strength | 35
- Full FaceWare Red LED Light | 40
- Wild Gigartina Hair Mask | 25
- Dermaflash; Exfoliate + Remove Peach Fuzz | 40

IN-ROOM INDULGENCES

**We deliver the products to your front porch, for you to enjoy at your leisure in your luxurious outdoor tub. A fabulous way to celebrate your special occasion.*

CBD Mineral Soak

Experience deep muscle relief and total relaxation. This kit includes a CBD bath soak with powerful healing properties of CBD & pure magnesium, radiance CBD body oil, and CBD relief cream. Sit back, soak, and enjoy! **| 149**

Mineral Soak

Relieve sore muscles and dissolve tension with this soothing kit, featuring bath & body oil, mineral wellness soak, and a Turkish body scrub. **| 100**

PRIVATE FITNESS

Experienced and certified yoga & fitness instructors will tailor your preferred practice to meet your needs, offering hands-on adjustments and assist with appropriate modifications. Your safety & comfort are our priority.

All sessions are 60 minutes in length.

24 Hours Advance Notice Requested

Introduction to Yoga

Step into the basics with our introduction to yoga session designed to help you relax and build strength at your own pace. You will learn simple poses and breathing techniques that will help you feel more centered and energized. Our experienced instructor will guide you through each step of the practice and provide support as needed. **| 300**

Yin Yoga

A slow-paced style of yoga with postures that primarily concentrate on the connective tissue of the body (fascia, tendons, and ligaments). Most positions are performed seated or in reclined positions and allow for deep stretching to open the hips, spine, and shoulders. Although this yoga may appear passive, Yin Yoga can be quite challenging as you sit with the stillness and depth of each pose. Balance this yoga with a follow up day of "yang" yoga such as Vinyasa or Ashtanga. **| 300**

Restorative Yoga

No experience is necessary in this gentle yoga practice designed to stimulate the "rest & digest" mechanism of the body. Blocks, straps, and bolsters are all used and provided. **| 300**

Power Vinyasa Flow Yoga

A powerful one-hour yoga class for practitioners who prefer challenging, heat-building practice. Recommended for those with some Vinyasa experience. This practice will cleanse body and mind, setting the mood for the rest of the day. **| 300**

Guided Meditation

Bring your focus inward, calming the mind and body. Choose to lie flat or sit as we guide you into a quiet space allowing reflection, awareness, and openness. No experience required. **| 300**